

An Urban Approach To Rest and Holistic Wellness With Oasia Hotel Downtown

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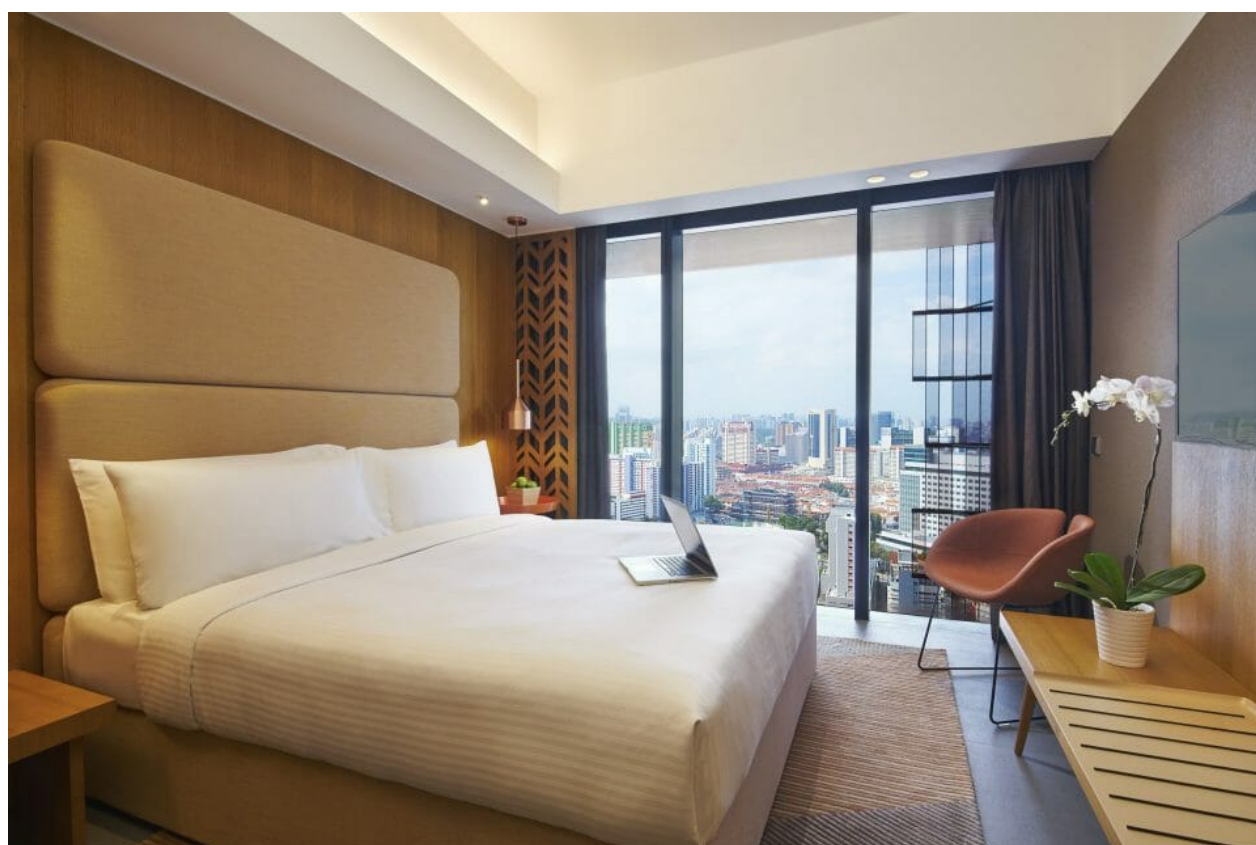
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Oasia Hotel Downtown Singapore presents two new wellness packages focused on relaxation and revitalisation for city dwellers.

In the heat of recent days, hustling can seem extra tiresome and hard on the mind and body. Finding a breathing pocket in our schedules and in this packed city can seem impossible enough, so it's quite heartening to see hotels like Oasia Hotel Downtown channel their energy into curating wellness packages for guests, to maximise their prime location while providing a much needed space and time for holistic reprieve for those who spend most of their time in the heart of the city.

From now till the end of June, choose between a 2D1N Revitalising Escapade or a 3D2N Holistic Retreat in this Far East Hospitality property to immerse yourself in the fantasy of a midweek getaway while being privy to the newest wellness hideouts that celebrate the beauty of a balanced lifestyle.



With unblocked views of the Singapore skyline and exclusive access to the hotel's Club Lounge, the packages will allow the functionality of sleek and modern spaces to meet with a calming sense of expanse. While the Deluxe rooms are coloured in earthy tones that make sleep come easy, the Club Lounge and infinity pool on Level 21 amidst breezy lounging spaces allows both work and play to coexist. Coupled with complimentary neck and shoulder massages and evening cocktails and canapé from 6 to 8pm, consider staying in throughout the stay a perfectly acceptable preferred option.



For those who need a more active approach to rest, you can opt for a Historical Cycling Tour that follows the seasoned tour guide operators of Bike Around Tour Singapore on a trail that passes by the F1 race circuit, Merlion Park, Clarke Quay and the historical precinct of Kampong Glam. Otherwise, get comfortable and in-touch with your inner peace with a Mental Wellness Workshop hosted by SPACE2BE, with the option one of three wellness activities: Breathwork, Active Meditation or Embodied Movement. This one-hour session will introduce simple practices that you can apply to your daily routines even beyond the workshop — and what better way to get acquainted with it in this period of calm and rest?



On the front of food, nourishing meals are provided for you to replenish and maintain a good level of energy. For the 2D1N Revitalising Escapade package, you can look forward to enjoying High Tea at The Marmalade Pantry. The Lavender Bloom Afternoon Tea set is created with a selection of purple-hued sweets and savouries like Blackcurrant Macarons, Purple Mashed Potato Croquettes and Prawns with Blueberry Feta on Purple Potato Chips. Two pots of tea from homegrown brand Monogram Tea will accompany this delectable selection.



As for the 3D2N Holistic Retreat package, a relaxing dinner on the second evening of the stay will take place at OSO Ristorante — the Italian fine-dining spot located on the 27th floor of the premise. The three-course meal features a selection of nutrient-rich ingredients, with dishes like raw tuna loin Carpaccio marinated in beetroot, balsamic-orange appetiser and stewed Seabass fillet with smoked eggplant pulp, sun-dried tomatoes and lemon zest available to enjoy, complete with the addition of two glasses of champagne, red wine or white wine.



To top it off, the stays will come with an early check-in time from 1pm, and a late check-out till 3pm. So if you are waiting for a sign to treat yourself with some well-deserved rest, look no further than Oasia Hotel Downtown's newest wellness packages to enjoy.